Outdoor Education:
Wilderness Adventures and Outdoor Leadership School:
Focusing on Christ, our Outdoor Leadership Education program is just what you have been looking for. LVR has been an outdoor destination for schools since its inception in 1959. Whether you are a teacher or a home school family our goal is to equipped your class or children with outdoor leadership skills. While here you can choose from a variety of activities that enhance this learning.

Block activities to choose from:

Leave no trace hiking/camping (½ day)
- Learn how to use the National Forest responsibly and the principles behind the US Forest Service's leave no trace program.

Forest Fire education and prevention level 1 and 2 (1/2 day)
- In 2002 LVR was affected by the Haymen fire (the biggest fire in Colorado's history to date).
    - Level 1 consists of learning how forest fires burn, how to prevent forest fires, and what recovery from a forest fire looks like. In this training we will go through the burn area for hands on education.
    - Level 2 the students will learn of the equipment used in forest fire fighting, see the uniform, dig a fire line, and experience the fire shelters used in an emergency.

Star gazing (Evening)
- Being so far away from the city, the stars are amazing at LVR. You will be guided in some of the various constellations, how to find the North Star, and the history of astronomy. Here you will also learn of the big-ness of God the Father, our creator!

Emergency shelter building (3 hours)
- What are the essential items you should have with you when backpacking or hiking? Here you will learn the 10 essentials for survival (Navigation, Hydration & Nutrition, Pocket Knife, Sun Protection, Insulation, Fire!, Lighting, First Aid, Shelter, Whistle)! What happens when you get stranded, what do you do? This session will teach you how to survive.

Archery/Hunting skills (1-3 hours)
- Archery has been around for thousands of years! Originally used for hunting and later developed and improved upon because of warfare. Now strictly used for

hunting and competition, we will learn how the bow and arrow have been developed over time, get to practice aiming and shooting, and why people still hunt with bows and arrows.

Tracking (1-3 hour block)

- What animals are around LVR? What do their tracks look like? Can we find them or figure out what direction they are moving? This exciting animal tracking adventure could lead us to find our family of mule deer or elk living around LVR!

Climbers level 1 and 2 (1/2 day- full day)

- Our AMGA (American Mountain Guides Association) trained staff will guide you in various climbing techniques as you discover many rocks around. Not only will you get to climb but get to rappel as well.
    - Level 1 you will learn basic knots, belay technique, and basic climbing techniques as we practice on our eagle rock near base camp.
    - Level 2 you will go deeper into climbing techniques, learn how to set up a climb safely using the ERNST acronym to guide you (Equalized, Redundant, Non extending, Strong, Timely), and get to climb on bigger rocks

Challengers level 1 and 2 (2 hours- full day)

- Team building is one of LVR's specialties
    - Level 1 you will get to participate in basic team building initiatives based on your group's ability. Our sequencing will be specially designed for your group to help achieve great things.
    - Level 2 we go higher and bigger!

Orienteering Level 1 and 2 (1/2 day for both)

- Map reading and navigation are important life skills.
    - Level 1 participants will be taught how to use a topographical map and a compass. They will be able to tell distance, elevation gain or loss, and find the best route to a location.
    - Level 2 learn of way points and participate in an orienteering race!

Cedar Mountain Hike (1/2 day)

- Cedar Mountain is a hike that LVR has been doing for many years. This hike takes you to the top of the mountain with 360 degree vistas. Here you will be challenged in hiking and learn of the various areas around LVR.

Stone Cabin Hike (1/2 day)

- Stone cabin has been around since the late 1800's. This old cabin was used originally by a gentleman who tried to mine the whole area. While on this trip you will learn of the history of this area of Colorado and hike on an old stage coach road to get to stone cabin.

Old time gold panning (1-2 hours)

- What were the old techniques to finding gold in a river or stream? This session we will teach you the techniques, and maybe together we can find the gold.

Night Owls (Evening)

- Sounds, smells, shapes in the evening, participants will be walking around camp together, using their senses, try and figure out what is around us.

Creation Education

- To experience the days of creation, and be provided with tools to have faith in Biblical creation is priceless in today's world. Join us as we use what we have around to show you the wonders of God's creation, and the love he has shown to us through Jesus!